



# Maryland Durable Medical Equipment Re-Use

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# Offering the Solution:

- **First-of-its-kind DME Program**
- **Satellite Sites throughout State**
- **Provides gently-used home medical equipment, mobility aids and daily living devices**
- **Serves ALL Maryland residents**
- **Free of charge**



# OUR PURPOSE

- Improve mobility and quality of life for Maryland residents
- Divert equipment from our landfills



# HUGELY SUCCESSFUL ENVIRONMENTAL IMPACT

7,420 Items Collected

263,000 lbs. or

130,468 cubic feet  
of DME diverted from landfills

(AS OF JANUARY 2022)





## ITEMS AVAILABLE AND DONATIONS NEEDED:

- Wheelchairs
- Power Chairs
- Rollators
- Scooters
- Shower Supports
- Hospital Beds
- "Hoyer" Lifts
- Walkers
- Bedside Commodes
- & Much More!



# MARYLAND DURABLE MEDICAL EQUIPMENT RE-USE CENTER



# SANITIZE



# REPAIR





# DISTRIBUTE



# EQUIPMENT USE INSTRUCTION

## MOCK BATHROOM AND BEDROOM SET UP



# INSTRUCTION & VIDEO SHEETS

## TOILET SAFETY RAILS

### Purpose

Toilet safety rails provide arm supports for the home toilet. By providing arm supports, users have increased safety and support when getting up or down from the toilet. Toilet safety rails provide an increased level of safety and independence for the user. They are not designed to support the full weight of the user, they are support devices only. If you have not seen a therapist or physician in regards to your mobility limitations, we recommend that you do so.

### Types

Toilet safety rails, also called safety frames, come in two different types: those that attach to a home toilet and free-standing models. The type that attaches to a home toilet has attachment brackets that are secured through the same holes as the toilet seat. Make sure you read and understand all manufacturers' operating instructions.

All toilet safety rails have a maximum weight limit that they can support. It is important to understand the limits and capacities of your toilet safety rails:

Weight of user (stated by user) is \_\_\_\_\_ pounds.  
Maximum weight capacity of toilet safety rails is \_\_\_\_\_ pounds.

### Use

Toilet safety rails need to be installed as the manufacturer intended. To install the type that mounts to a home toilet, remove the two bolts that attach the toilet seat. Lift off the toilet seat. Place the toilet safety frame bracket against the toilet bowl. Replace the toilet seat and align the holes in the toilet seat and toilet safety frame bracket. Insert the bolts and tighten as per manufacturer recommendations. Attach the rails or arms and lock into the toilet safety rail bracket. Adjust the width of the arm supports to accommodate the user and adjust the legs to facilitate the desired height. Free standing models are commode devices that fit around the toilet and provide a seat so toileting facilities can be used; these devices are commonly called bedside commodes. Your medical equipment provider will instruct you on how the toilet safety rail needs to be installed; do not use tools to install a toilet safety rail, they are meant to be hand-tightened only. When utilizing the toilet safety rail the user should exercise care, discretion, and common sense. Always adjust your sitting position so that you sit down on the middle of the toilet seat. Any significant force on the arm supports in an outward direction is likely to bend or break the rails and result in a fall.

If the user needs to adjust positioning or slide transfer on and off the raised toilet seat, it is essential that one arm support be removed. All models install differently and the installer must follow manufacturer installation procedures. If any questions arise during installation please call the store where you purchased the unit.

If you purchased a toilet safety rail without a raised toilet seat, they can be purchased and used with your toilet safety rails.

## ROLLATORS

These videos are for informational purposes only. We recommend that you consult with your physician and local physical or occupational therapist to be evaluated for your adaptive equipment needs.

Scan the QR code to watch helpful videos on how to use or size your device.

How to scan a QR code to watch these videos:

1. Grab your smartphone, iPad, or tablet device.
2. Open the device's Camera app.
3. Select the rear facing camera. Hold your device so that the QR code appears in the viewfinder in the Camera app. Your device recognizes the QR code and shows a notification.
4. Tap the notification to open the link associated with the QR code.



### How to Use a Rollator Walker



<https://youtu.be/Z8zFk5U1xmY>

### Adjusting a Rollator



<https://youtu.be/NL43g-pVUlc>

### Specifics on Rollator Walkers



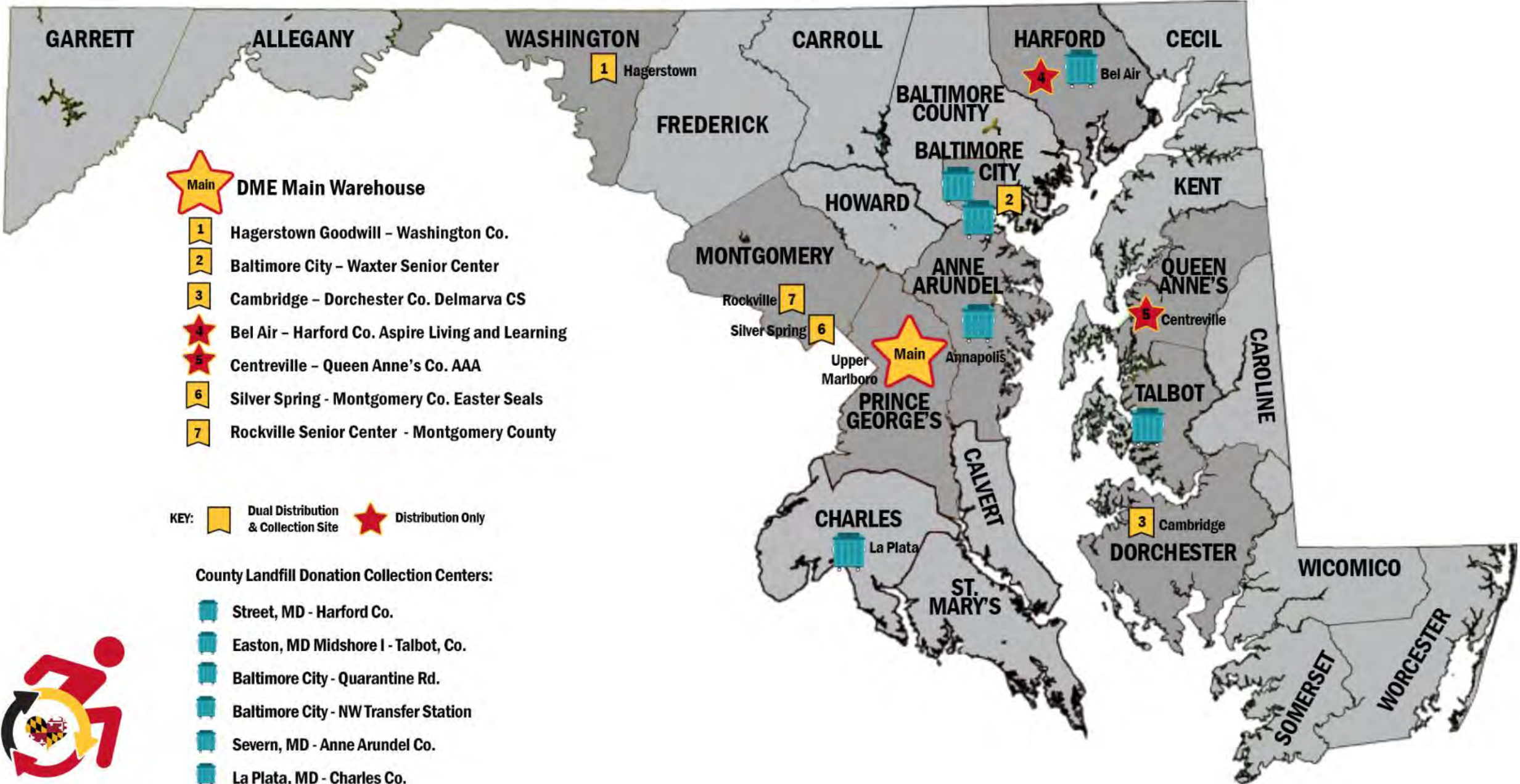
<https://youtu.be/nOZ3zSfCA6s>



**For more information:**  
**240-230-8000**  
**aging.maryland.gov**



# SATELLITE LOCATIONS



# WHO IS ELIGIBLE?

- **Maryland residents of all ages**
- **Those awaiting medical insurance approval**
- **Those who unable to obtain the most appropriate equipment via medical insurance**



# HOW TO REQUEST DME:

- 1. Visit our website to download a request form and submit the completed form via mail or email**
- 2. Complete a request form online (Basic DME only)**
- 3. Call or email to request a hard copy of the form to be mailed to you**





# **CONTACT US**

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**[aging.maryland.gov](https://aging.maryland.gov)**



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